

Health and Safety Courses

Abrasive Wheel Safety
Accident Reporting
Anaphylaxis & Allergies for Schools & Carers
Asbestos Awareness (+International)
Asthma Awareness for Schools & Carers
Banksman Essentials
CDM Regulations
Confined Spaces
COSHH
CPR/AED Refresher
Diabetes Awareness for Schools & Carers
Display Screen Equipment (DSE)
Driver Awareness
DSEAR
Dust Awareness Training
Electrical Safety
Epilepsy Awareness for Schools & Carers
Eye Protection
Fire Awareness*
Fire Extinguisher Use
Fire Marshal & Warden*
First Aid Appointed Person
First Aid Refresher
First Aid Refresher: Emergency First Aid
First Aid Requirements & RIDDOR
Food Allergy Awareness
Food Safety & Hygiene - Level 1, 2 & 3
General Workshop Safety
HACCP - Level 2
Hand Arm Vibration Awareness
Handling Aggressive Behaviour
Health & Safety Essentials
Health & Safety for Homeworkers

Infection Prevention & Control
Ladder Safety
Legionella Awareness
LOLER
Lone Worker Safety
Managing Contractors
Manual Handling
Manual Handling including Tyres
Medication Awareness in Care & Education
Moving & Handling People
Noise Awareness
Paediatric First Aid Refresher
Personal Protective Equipment
PUWER
Respiratory Protective Equipment (RPE)
Risk Assessments
School Trips for Organisers & Support
Sharps
Slips, Trips & Falls
Spill Kits (Bodily Fluids & Chemicals & Oils)
Working at Height (+International)
Working in Licensed Premises (Bar Staff)
Young People in the Workplace Training

Management Courses

Bullying & Harassment for Management
GDPR EU Advanced (Management) Training
GDPR UK Advanced (Management) Training
Health & Safety for Managers & Supervisors
Mental Health Awareness for Managers
School Trips for Management
Unconscious Bias for Management

* Different industry-specific versions of these courses exist - speak to our team to find out more.



HR Compliance

Assessing Mental Capacity
Autism Awareness
Building Resilience
Bullying & Harassment
Conflict Resolution
Customer Service Skills
Dementia Awareness
Dementia Awareness for Carers
Disability Awareness & Inclusion
Domestic Abuse Awareness
Drug & Alcohol Awareness
Effective Remote Working
Equality, Diversity & Inclusion
FGM Awareness & Prevention
Gender Identity & Expression

HR Compliance & Wellbeing Essentials
Managing Anxiety
Menopause Awareness / Women's Health
Mental Health Awareness*
Neurodiversity Awareness
New & Expectant Mothers at Work
Onboarding Training
Prevent Duty
Returning to Work
Returning to Work after COVID-19
Safer Recruitment in Education
Sexual Harassment Awareness
Stress Awareness & Management
Time Management
Unconscious Bias

Care Certificate Courses

Understanding Your Role in Care
Your personal Development in Care
Duty of Care
Equality and Diversity in Care
Person Centred Care
Communication in Care
Privacy & Dignity in Care
Fluids & Nutrition in Care

Mental Health, Dementia, & Learning Disabilities
Safeguarding Vulnerable Adults
Safeguarding Children
Basic Life Support in Care
Health & Safety in Care
Handling Information in Care
Infection Prevention & Control in Care

Business Compliance Courses

Anti-Bribery
Anti-Money Laundering
Anti-Tax Evasion (Criminal Finances Act)
Bomb Threats
Business Compliance Essentials
Competition Law
Consumer Rights
Cyber Security Awareness
Energy Efficiency Awareness
Environmental Awareness

Fraud Awareness & Prevention
Freedom of Information
GDPR EU Essentials Training
GDPR EU Refresher Training
GDPR UK Essentials Training
GDPR UK in Education Training
Modern Slavery
Social Media Awareness
Whistleblowing

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Soft Skills

Active Listening
Anger Management
Coaching and Mentoring Training
Communication Skills
Confidence Building
Creative Thinking
Critical Thinking
Decision Making
Delivering Bad News
Effective Meetings
Emotional Intelligence
Leadership Skills

Mindfulness
Organisational Skills
Presentation Skills
Problem Solving
Project Management Essentials
Responding to Change
Recognising Your Value
Setting Goals
Speaking Confidently
Teamwork Skills
Writing Effective Emails

Text-based Courses

Calorie Labelling Regulations 2021 (Government Guidance) (Free)
Computer Skills bundle (Word, Excel, PPT, Outlook, Search Engines and Windows 11)
Conducting Appraisals
Disciplinary and Grievance
Effective Recruitment
Keeping Children Safe in Education (KCSIE)
LOTO (Lock Out Tag Out)
Managing a Remote Team
Managing Change: For Managers
PCI DSS (Payment Card Industry Data Security Standard)
Recognising the Value of your Team
Right to Work Checks
The Fire Safety (England) Regulations 2022

All of our online training courses include full support and free access to our Learning Management System (LMS) where administrators/managers can view training activity, download reports, print certificates and more.

Not sure what your requirements are?

Give us a call on **01344 867 088** or email hello@ihasco.co.uk to discuss your training needs.